OYAM INSTITUTE OF SCIENCES AND TECHNOLOGY

Strive for Distinctiveness

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NATIONAL CERTIFICATE IN HUMAN NUTRITION AND DIETETIC TECHNOLOGY

A hands-on programme that trains you to assess nutritional needs, plan healthy diets and support communities, hospitals and institutions in fighting malnutrition and diet-related diseases. You learn through real-life projects and are assessed by ISO

Issued 22 November 2026

Level	**Certificate**
Department	**Medical Technology Education and Training**
Duration	**6 semesters**
Tuition per semester	**USh 1,490,000**
Application fee	**USh 50,000**
Applications	**Open, apply online**

ABOUT THE PROGRAMME

In the first year, students build a strong foundation in the science of food and the human body. They study human nutrition, anatomy and physiology, and basic biochemistry to understand how the body digests, absorbs and uses nutrients. Students also learn food science and food composition, along with food hygiene, safety and sanitation, so they can handle and prepare food safely in homes, hospitals and institutions. Communication skills, computer applications, and entrepreneurship and business skills are also taught to prepare students for work and self-employment.

In the second year, students apply this knowledge to real nutrition problems. They learn to assess nutritional status, plan therapeutic diets for patients, and support maternal, infant and young child nutrition. The course also covers community nutrition and health education, nutrition care for people living with HIV/AIDS and non-communicable diseases such as diabetes and hypertension, and the management of acute malnutrition. Students gain practical skills in meal planning, institutional catering, and food production, processing and preservation.

The programme ends with a research project and an industrial training placement in a health facility, school, NGO or food business. This gives students hands-on experience before they graduate and sit their UVTAB assessments.

WHAT YOU WILL STUDY

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ENTRY REQUIREMENTS

- Entry Requirements To join the National Certificate in Human Nutrition and Dietetic Technology, an applicant must have: Uganda Certificate of Education (UCE) or its equivalent, with at least five passes obtained at the same sitting. Passes in relevant subjects, preferably Biology, Chemistry, English Language and Mathematics. A pass in Food and Nutrition or Agriculture is an added advantage. Equivalent qualifications from outside Uganda, equated by the Uganda National Examinations Board (UNEB). Other requirements Applicants should be at least 16 years old at the time of admission. Copies of academic documents and a national ID or birth certificate must be attached to the application. Two recent passport-size photographs. Applicants with UACE or a relevant certificate in a health or agriculture-related field are also welcome to apply.

How to apply: go to www.oist.ac.ug/portal/apply?program=national-certificate-in-human-nutrition-and-dietetic-technol, create an account and fill in the application. Please confirm the current fees with the Admissions Office before paying.

LUBEGA ALEX	WACHA O J FOREBEL	ABELEBELE CHARLE
Academic Officer	Principal	Institute Rector